

## Media Biography

### **Joyce Catlett, M.A.**

Author and Lecturer

**Joyce Catlett, M.A.**, author/lecturer, is the co-author of *Fear of Intimacy, Psychological Defenses in Everyday Life, Conquer Your Critical Inner Voice* (New Harbinger, 2002), and *Creating a Life of Meaning & Compassion: The Wisdom of Psychotherapy* (APA Books, 2003). She has collaborated with Dr. Robert Firestone in writing twenty-six professional articles and ten books, including *The Fantasy Bond, Compassionate Child-Rearing* and *Voice Therapy*. Since 1982, Ms. Catlett has been a national lecturer and workshop facilitator in the areas of child-abuse prevention and couple relations. She has co-produced 40 video productions for the Glendon Association in the areas of parent-child relations, suicide, couple relations, and Voice Therapy. Ms. Catlett developed and trained instructors in the *Compassionate Child-Rearing Parent Education Program* throughout the U.S., Canada, and Costa Rica.

Ms. Catlett's media coverage includes: **The Merv Griffin Show, Dr. Joyce Brothers**/nationally syndicated, *The Los Angeles Times*, **WebMD.com, KABC Radio**/Los Angeles, **MSNBC.com, Psychology Today**, NPR's **KPCC**/Los Angeles, and *Cosmopolitan*.